

Appendix 1: FDP Self-Assessment

English Language Acquisition

1. Are you currently enrolled in an ESL class? Yes [proceed to 1a]
No [proceed to 1b]

1a. If yes, how do you feel about the following statement:
The class I am enrolled in is at an appropriate level for me (not too easy, not too challenging).

1. Strongly agree
2. Agree
3. Not sure / neutral
4. Disagree
5. Strongly disagree

1b. If not, would you like to be enrolled in an ESL class? Yes [proceed to 2]
No [proceed to 1b.b]

1b.b. Why do you not want to be enrolled in an ESL class? [open ended question]

2. How do you feel about the following statement?
I know enough English to communicate comfortably in most settings.

1. Strongly agree
2. Agree
3. Not sure / neutral
4. Disagree
5. Strongly disagree

3. How do you feel about the following statement?
I have access to sufficient information to make informed decisions about English language learning.

1. Strongly agree
2. Agree
3. Not sure / neutral
4. Disagree
Strongly disagree

Employment & Livelihoods

4. Are you currently employed? Yes [proceed to 4a]
No [proceed to 5]

4a. Did your local resettlement agency help you find your job? Yes
No

4. Are you currently employed? Yes [proceed to 4a]
No [proceed to 5]

4b. Do you make enough money at your job to meet living expenses? Yes
No

4c.	Are you comfortable with your work hours?	Yes No
4d.	How do you feel about the following statement? <i>I am happy in my current job.</i>	1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree
4f.	How do you feel about the following statement? <i>My current job aligns with my education, experience and/or interests.</i>	1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree [proceed to question 6]
5.	If you are not employed, are you actively seeking work?	Yes [proceed to 5a] No [proceed to 5b]
5a.	If yes, is your local resettlement agency helping in your search?	Yes [proceed to 5a.a] No [proceed to 5b]
5a.a.	If yes, is the resettlement agency helping you find opportunities that are aligned with your education, experience and/or interests?	1. Yes, definitely 2. Yes, somewhat 3. Not sure/neutral 4. No, not really 5. No, not at all
5b.	If no, why are you not currently seeking work?	[open ended]
6.	How do you feel about the following statements? <i>I have access to sufficient information to make informed decisions about work and employment opportunities.</i>	1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree
6a.	<i>I have a professional network I can rely on to help me with my career goals.</i>	1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree

Education

- | | | |
|-----|--|---|
| 7. | How do you feel about the following statement?
<i>I am satisfied with the level of education I have achieved or am working towards achieving.</i> | <ul style="list-style-type: none"> 1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree |
| 8. | Are you currently enrolled in an educational program (aside from ESL)? | <ul style="list-style-type: none"> 1. High School 2. GED Course 3. Associate Degree Program 4. Bachelor's Degree Program 5. Trade School 6. Graduate or Professional Program 7. No, I am not currently enrolled in any education program. <p>[proceed to question 9]</p> |
| 8a. | Did your local resettlement agency help you enroll in your program? | <ul style="list-style-type: none"> Yes No |
| 8b. | How are you paying for your educational program? (Select all that apply) | <ul style="list-style-type: none"> 1. Loans 2. Scholarship 3. Out of pocket 4. Other financial assistance |
| 9. | Are you interested in learning more about educational programs? | <ul style="list-style-type: none"> Yes No |
| 10. | Are you interested in learning more about pathways to pay for your education? | <ul style="list-style-type: none"> Yes No |
| 11. | How do you feel about the following statement?
<i>I have access to sufficient information to make informed decisions about education opportunities.</i> | <ul style="list-style-type: none"> 1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree |

Health		
12.	How do you feel about the following statement? <i>In general, I feel physically fit and healthy.</i>	1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree
13.	Do you currently have a primary care provider?	Yes No I don't know
14.	Do you currently have a dentist?	Yes No I don't know
15.	Do you know how to access emergency health services?	Yes No
16.	When accessing healthcare are you provided with interpretation services, if needed?	Yes No Interpretation not needed
17.	Do you have health insurance?	Yes [proceed to 17a] No I don't know
17a.	Does your health insurance provide interpretation services, if needed?	Yes [proceed to 18] No [proceed to 17b] Interpretation not needed [proceed to 18]
17b.	If not, does your resettlement agency help you with interpretation?	Yes No Interpretation not needed
18.	Do you have any trouble accessing necessary healthcare? (Select all that apply)	1. No, I have no problems accessing healthcare 2. Yes, transportation issues 3. Yes, cost of care issues 4. Yes, translation issues 5. Yes, I don't have enough information 6. Other

19. Do you know who to contact at your local resettlement agency with questions regarding healthcare? Yes
No

20. How do you feel about the following statement?
I have access to sufficient information to make informed decisions about my physical health.
1. Strongly agree
 2. Agree
 3. Not sure / neutral
 4. Disagree
 5. Strongly disagree

Mental Health

21. How do you feel about the following statement?
In general, I feel physically fit and healthy.
1. Strongly agree
 2. Agree
 3. Not sure / neutral
 4. Disagree
 5. Strongly disagree

22. Do you currently meet with a mental health counselor? Yes
No

- 22a. Does anyone in your household currently meet with a mental health counselor?
(Select all that apply)
- Yes, another adult(s)
Yes, a child (children)
No [if 'no' to both 22 and 22a, proceed to 23]

- 22b. If yes, does your mental health counselor provide interpretation if needed? Yes
No
Interpretation not needed

23. If you aren't currently accessing a mental health counselor, why not? (Select all that apply)
1. I don't have a need for mental health counselling
 2. Too expensive
 3. No counselors that meet my language needs
 4. No culturally appropriate counselors
 5. I don't know how to find a counselor
 6. I worry about stigma associated with mental health services

24.	Do you know who to contact at your local resettlement agency with questions regarding mental health care?	Yes No
25.	How do you feel about the following statement? <i>I have access to sufficient information to make informed decisions about my mental health.</i>	1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree
Housing		
26.	<i>Do you have permanent housing?</i>	1. Yes, renting 2. Yes, property owner 3. No, I do not have permanent housing
27.	How do you feel about the following statements? <i>I feel safe in my home and neighborhood.</i>	1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree
27a.	<i>I am able to afford my home/ my current housing.</i>	1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree
27b.	<i>I am satisfied with the quality of my home/ my current housing..</i>	1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree
27c.	<i>I know my neighbors and we are friendly with one another.</i>	1. Yes, definitely 2. Yes, somewhat 3. Not sure/neutral 4. No, not really 5. No, not at all
28.	[If renting] Are you able to communicate with your landlord?	Yes Yes, somewhat No I don't know

28a.	If needed, does your landlord provide interpretation?	Yes No Interpretation not needed
28b.	Do you know who to contact at your local resettlement agency if you're evicted or are facing issues with your landlord?	Yes No
29.	How do you feel about the following statement? <i>I have access to sufficient information to make informed decisions about my housing situation.</i>	1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree
Identity & Inclusion		
30.	How do you feel about the following statement? <i>In general, I feel comfortable in my new community.</i>	1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree
31.	<i>I know how to get involved in things I care about in my community.</i>	1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree
33.	<i>I feel comfortable being myself in my new community.</i>	1. Always 2. Most times 3. Not sure / neutral 4. Rarely 5. Never
34.	Do you know who to contact with questions about your new community at your resettlement agency?	Yes No
Integration Outcomes		
30.	How do you feel about the following statements? <i>In general, I feel comfortable in my new community.</i>	1. Strongly agree 2. Agree 3. Not sure / neutral 4. Disagree 5. Strongly disagree